



Safety and Rescue Training
for high-hazard work activities

**Confined Space
Fall Protection
Excavation
Forklift**

Forklift > Train the Trainer

This eight-hour course is designed to provide experienced forklift operators with the knowledge, skills, and resources needed to deliver effective initial and refresher training to your employees.

It stresses the practical application of safe operating principles, load characteristics, and workplace hazards.

The curriculum reflects all the training requirements listed in 29 CFR 1910.178.

All students will receive a fully-scripted Leader's Guide, sample student materials, and a variety of checklists and forms needed to train and certify your location's forklift operators.

Course Outline

Effective Forklift Training:

- Reduces your incident rate.
- Reduces forklift damage.
- Reduces property damage.
- Reduces spilled loads.
- Reduces the costs of material handling.
- Improves safety.

Pre-Requisites

Before students attend this class they must be qualified lift truck operators with extensive experience with the exact type of truck that they will be using to train operators.

In addition they must also be knowledgeable about their location's policies and procedures regarding lift truck operations.

OSHA Subpart N

- General Requirements
- Designations
- Fuel Handling and Batteries
- Operator Training/Retraining
- Appendices

Operator Training Topics

- Introduction to forklifts
- Accident Rates
- Types of forklifts
- Parts of forklifts
- Seat Belts
- Pre-Shift Inspection
- Operator Manuals
- Load Characteristics and Capacity
- Center of Gravity & Stability
- Basic Operation
- Forklifts & Pedestrians
- Refueling
- Recordkeeping

Conducting Effective Training

- Adult Learning Fundamentals
- Operator Training
- Recordkeeping and Certification

Our programs reflect:

ANSI/ASSE Z490.1 *Criteria for Accepted Practices in Safety, Health, and Environmental Training*

